



RESOURCES FOR YOUR *Food Drive*



Help Us Feed the *Neighborhood!*



We're having a food drive!

(Date/Time/Location)

The Pantry, by LifeWorks, especially needs:

For information, contact:



**SCAN HERE
TO LEARN MORE**

[www.lifeworksaction.org/
food-programs](http://www.lifeworksaction.org/food-programs)

LifeWorks
COMMUNITY ACTION

Help Starts Here.

LifeWorks Community Action provides a no-cost, choice-based online experience for Saratoga County neighbors in need of food support, with pick-up and delivery available. This service provides more than 230,400 meals to local residents every year.

Welcome to LifeWorks *Food Programs!*



THE PANTRY is an online, choice-based pantry open to Saratoga County residents in need. We provide delivery, curbside pickup and same-day walk-in appointments. Our process ensures that each participant receives at least a four-day supply of food, including fresh produce, meat and dairy. Participants also work with a navigator to identify other LifeWorks services that may be of assistance to them.

ONLINE ORDERING enables participants to choose the products they need, instead of getting the same bag of groceries with each order.

THE KITCHEN offers a daily hot lunch, no questions asked, in Saratoga Springs. Whether a participant needs a nourishing meal or a human connection—or a little of both—they're welcome at the table.

SUMMER LUNCH is provided for children at locations in Ballston Spa, Malta and Saratoga Springs Monday through Friday in July and August, helping to relieve food insufficiency that arises when school breakfast and lunch programs break for the season.



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LifeWorks Community Action also coordinates the WIC supplemental nutrition program for families with young children in need throughout Saratoga County, as well as Head Start early education programs, immigrant services, subsidized home weatherization services, and much more.

10 Reasons to Support LifeWorks



1. Orders to The Pantry are **3x what they were** before the COVID-19 pandemic.
2. **4,800 SARATOGA COUNTY RESIDENTS** benefited from The Pantry and The Kitchen in 2022.
3. **57,600 MEALS** were provided or delivered through The Pantry in 2022.
4. The LifeWorks whole-person, whole-family approach helps neighbors take steps along the **path to self-sufficiency**.
5. The Pantry provides assistance **with dignity**, supporting participants with nutritious food “shopping” choices, variety and convenient pick-up and delivery options.
6. **INFLATION IS HIGH** at the grocery store. Food costs are rising faster than ever before.
7. **Benefits are 33% less**, on average, for SNAP participants in 2023 than in 2022.
8. **450+ HOUSEHOLDS IN SARATOGA COUNTY** receive grocery deliveries from The Pantry each month.
9. The Pantry is the only service of its kind in Saratoga County that regularly and consistently **provides delivery**.
10. The Pantry responds quickly to **EMERGENCY FOOD NEEDS**.



Checklist for a Successful Drive



- Call LifeWorks at 518-288-3206 to find out what kinds of donations are most needed and to schedule a drop-off time for the donations you collect.
- Add the most needed items and your event details to the flyer in this packet. It's a PDF, so you can type them in and then print—or print and then write the details.
- About a week before your drive date, post flyers around your neighborhood or at your workplace or school. Hand out flyers and reasons to donate.
- Try setting a goal to fill a container—like a cabinet, the trunk of a car, or the bed of a pick-up—with nonperishable food items. Or collect a certain number of pounds.
- Share the details of your event, and your goal, on social media—and ask your friends to share them.
- On the day of your event, make sure people know where to put their donations. If you can, make it a little bit of a party atmosphere that people will want to join in.
- Afterward, deliver the donations to LifeWorks at the date and time you agreed to during your first call.
- Make sure to thank your donors and share the results of your drive—including whether you met your goal. Social media is a great way to do this.

Remember to take down all those flyers and recycle them, too!

